



# News Release From High Mountain Health

For Immediate Release

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## **HIGH MOUNTAIN HEALTH RELOCATES ITS PHYSICAL THERAPY OFFICE FROM N. HALEDON TO 246 HAMBURG TURNPIKE IN WAYNE**

**Wayne, NJ – October 6, 2008** – The Physical Therapy and Sports Medicine office of High Mountain Health has completed its move to a new facility on Hamburg Turnpike, adjacent to the St. Joseph's Wayne Hospital.

The new High Mountain Health center for Physical Therapy and Sports Medicine will occupy Suite 101 of the University Pavilion Building at 246 Hamburg Turnpike.

"This new office offers state-of-the-art equipment, personalized therapy and greater convenience to our patients," said Dr. David V. Rasa, President of High Mountain Health, P.A. "We are pleased to be expanding our services in Wayne."

The Physical Therapy and Sports Medicine office High Mountain Health has been serving patients since 2003 and was previously located in North Haledon at 535 High Mountain Road. Although the Physical Therapy office has now moved, High Mountain Health maintains its Family Medicine and Radiology offices at the North Haledon address.

"High Mountain Health therapists share a common dedication with their patients," said Fred Knight, PT, Manager of the Physical Therapy department at High Mountain Health. "Our goal is to help them return to their previous level of ability as quickly as possible."

High Mountain Health helps patients recover from orthopedic injuries, sports injuries, sprains and strains, surgery, pain management, and industrial and work-related injuries. It also offers home follow-up programs.

High Mountain Health Physical Therapy & Sports Medicine is part of the High Mountain Health medical group, which provides unmatched convenience in comprehensive

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healthcare 364 days a year throughout Passaic, Bergen and Morris counties. High Mountain Health continues to serve its Family Medicine and Radiology patients at its North Haledon address. In addition, High Mountain Health has offices in Wayne, Oakland and Little Falls.

For information, consultations or appointments in physical therapy, call 973.636.2732. Appointments are available daily, including early morning, evening and Saturday hours.

For more detailed information about High Mountain Health, their Website address is [www.HighMountainHealth.com](http://www.HighMountainHealth.com).

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